

**Good Faith Estimate**

If you do not have insurance or you are not using insurance, you have the right to receive a Good Faith Estimate outlining how much your medical care may cost.

* You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency items or services.
* Contact your provider’s office to request a Good Faith Estimate. Thrive asks for 3 business days prior to your appointment.
* Make sure your health care provider gives you a Good Faith Estimate in writing at least 1 business day before your medical service or item. You an also ask your healthcare provider, and any other provider you choose, for a Good Faith Estimate before you schedule an appointment.
* If you receive a bill that is at least $400 more than your Good Faith Estimate, you can dispute the bill.
* Make sure to save a copy of your Good Faith Estimate

For questions or more information about your right to a Good Faith Estimate, visit [www.cms.gov/nosurprises](http://www.cms.gov/nosurprises) or contact us at 208-514-0203.